

local • relevant • authentic

Vacationland News is a submission and community-based newsletter focused on promoting and supporting business, community groups, programs, and events in the Lakeland and surrounding area.

congratulations!

Citizen of the Year - Nancy Carruthers

The Lakeland Recreation Board is excited to announce Nancy Carruthers has been named the 2021 Lakeland Citizen of the Year. Nancy has volunteered for many years with St. Christopher's Anglican church, Helping Hands, Prince Albert Safe Shelter for Women, Lakeland Curling Club, Lakeland Tree Dodgers snowmobile club, and the Christopher Lake Remembrance Day ceremonies.

Due to Saskatchewan Public Health covid restrictions and concerns, we're not sure how we will be able to honour and celebrate with Nancy. As plans are developed, they will be shared by committee members and in future issues of VacationLand News. For more information, contact Cheryl Bauer Hyde, Marcia Bergman, Mary Davidson, Patty Herriot, Chuck Mason, or Linda Rogozinski (CPL Recreation).



grateful for you!

We have so much to be thankful for this year, most of all YOU!

Happy Thanksgiving and thank you to all the readers, advertisers and cheerleaders of the Vacationland News!

Find all the turkey's in this issue, there are 10 of them (including this one!).

Gobble, gobble!



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Did you know? Canada is the third largest producer of hydroelectricity in the world behind China and Brazil.



Fall Hiking in PANP

If you're looking to make the best of the fine fall weather, look no further than a trip into Prince Albert National Park!

While lazy days at the beach are fewer, there are still special memories to be made along the many hiking trails in the park.

The beauty of the trail network is the number and variety of trails to visit. There are a dozen trails between 1 and 3 km long, each taking you into a different ecosystem. Mud Creek Trail – along the Narrows Road – skirts along the edge of the aspen parkland. It offers a great backdrop of brilliant gold leaves, perfect for some great fall family photos. Afterwards, have a picnic lunch by the beach and then head further down the road to Treebeard Trail where you can explore some of the oldest trees in the park. If the next adventure has you wanting to see a stunning vista, head up the Height-of-Land Tower for a view like no other!

If you're lucky, you'll see wildlife along the way. They'll be busy getting ready for winter. Same rules apply as any other time of the year - don't feed them or get too close; please love them from afar.



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\$734,900



DEAL ALERT!

Emma Lake Year Round
New heated shop/garage. Large yard spacious home. Move in today! Video walk through available. Call Rob. **\$209,900**



NEW LISTING / JUST SOLD!

223 Carwin Park Walkout Bungalow
Lakefront home completely finished, 4BD, 4 BA
\$1,399,900



LAKEFRONT!

Birch Bay Walkout Custom Bungalow Amazing views from private deck overlooking bay. 4bed, 3 bth. Quality home with comfort, character & charm.

GET ON ROB'S
BUYERS FIRST LIST

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simon says

Simon Bird, B.Ed., M.ED.

M.N.G.D, comes from the Peter Ballantyne Cree Nation and was raised in the community of

Southend, Reindeer Lake: home to the Rock Cree. Simon hosts a language initiative that is aimed at making learning fun through social media. #CreeSimonSays has over 21,000 members and continues to steadily grow as more people use technology to connect, learn or simply laugh at posts that celebrate the social culture of the Cree language.

Did you know that Waskesiu is originally pronounced Wah-wah-skee-soo.

Which means, *the one that whistles*, or elk in the Indigenous Cree language. Waskesiu is home to many of our elk today in the Prince Albert National Park.

wawaskesiw pl. wawaskesiwak [N]



An elk.

Source: Maskwacis Dictionary | Language: Cree

Scan here for your Cree lesson, word of the day!



Q & A with the lakeland curling club

To get to know a little bit more about your local curling club. Test your curling curiosity and tally your score at the end to find out if you really rock the house!

Q: When is the ice going in?! (I want to curl!)

A: The Lakeland Curling Club Board of Directors will be meeting mid-December to decide if ice will go in prior to Christmas. Hopefully we will have 10 weeks of curling from January to March, 2022. We'll keep you posted, via our Facebook page and the Vacationland News.

Q: Which Lakeland Curling Club member has the longest slide?

A: Jaysan Marsh (current President of the LCC)

Q: What does it cost to put the ice in?

A: It costs \$35,000 to install and maintain the ice for a curling season.

Q: If I want to learn to curl what should I do?

A: We have qualified Curling Instructors in our Club and Learn to Curl sessions will be offered when the ice is put in.

Q: What curling club has the best ice in Saskatchewan?

A: Lakeland Curling Club, because we have the best icemaker in the province: Dave Goodwin.

Q: Why is the Anderson Community Centre / Lakeland Curling Club always fundraising?

A: Because it costs so much to run the building: insurance, utilities, maintenance and also to maintain a reserve fund for when our ageing equipment (chiller, boiler, etc) need replacing.

Q: Which Lakeland Curling Club member is the most competitive?

A: Jacquie Swiderski (Vice President of the LDRA and Board member of the LCC).

Q: Who is the Anderson Community Centre named after?

A: The ACC is named after our major sponsor of the 2015 Renew the Plex project: Gary Anderson, a resident of the Lakeland area and avid curler and sports enthusiast. Gary was Mr. December in our 2019 Naked Curler Calendar! (who could forget?!).

Q: Which Lakeland Curling Club member is the least competitive?

A: Lloyd Fitzpatrick! The infamous Fitz Burger was created by Lloyd and Cheryl Fitzpatrick!

Q: Who is the most famous curler originally from the Lakeland Curling Club?

A: Sherry Anderson: two-time winner of the World Senior Curling Championships for Canada and has represented Saskatchewan 10 times at the Scotties, winning Silver in 2002 and Bronze in 1994.

Score:

1-5 Rock on! You are a curler in the making.

6-9 Life is a bonspiel! You definitely throw rocks at houses.

10 Eat, Sleep, Curling, Repeat! Yes, you are one of those curling people.



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OCT 31, 2021

TERROR IN THE PARK
PART II

CROTHERS PARK VILLAGE OF CHRISTOPHER LAKE
ALL AGES EVENT, STARTS AT 3PM
WITCHING HOUR FOR BRAVE SOULS 7:30 TILL 8:30
DONATIONS, VOLUNTEERS AND INQUIRES
CALL CODY 306 381 0800

park update



Shifting into Fall at Great Blue Heron Provincial Park

All campgrounds are closed for the season and fall projects are well underway. Park staff have been busy clearing the trails and completing maintenance on facilities. Work will begin in the next few weeks on designated ATV trails within the park, so please take caution when using these areas.

It's Hunting Season

Hunting is permitted in some areas of the park. Email or call the park office for a map of 'No Hunting' areas.

Boat launches

Docks at Murray Point, Jacobsen Bay and Channel boat launch will be removed after Thanksgiving weekend. Anderson Point boat launch is closed for the season.

Hiking Trails

All trails are open for hiking. Some trail work is being completed this fall, so please adhere to cautionary signage posted when equipment is present.

Disc Golf at Murray Point

The 9-hole course is open year-round. This course is fun for all ages. Tee boxes, markers and baskets are visible through-out the day use area located north of the boat launch.

Park Vehicle Entry Permits

A reminder that vehicle entry permits are required year-round in all provincial parks. Daily entry permits can be purchased online at parks.saskatchewan.ca. Search park entry in the 'Choose Your Adventure' box. Entry permits are also available for purchase at the park office. For those who purchased an annual permit, it is valid through April 2022.

Have questions or looking for more information?

Park Office: 306-982-6250 Open Monday – Friday 8:00 am – 4:00 pm.
Email: greatblueheron@gov.sk.ca

JOHN V. HICKS GALLERY PRESENTS
Studio 1010
OCTOBER 1 — 23, 2021

MEET AND GREET THE ARTISTS
SATURDAY, OCTOBER 2 FROM 2— 4PM. PLEASE WEAR YOUR MASK.

The John V. Hicks Gallery is pleased to present the annual Studio 1010 exhibition. This informal artist group meets Monday afternoons from 1—4PM at the Prince Albert Arts Centre. There is no instructor and everyone works on their individual projects (no oil or water-based oils); an annual membership fee of \$40 covers the weekly room rental. Ideas and techniques are shared, and new members always welcome.

Image: Gerry Hanson, detail of Untitled (Mushrooms), n.d., watercolour
1010 CENTRAL AVE, PRINCE ALBERT ARTS CENTRE, SECOND FLOOR

Become a member today!
Email Judie Relitz
j.frelitz@sasktel.net

Thank you to our generous partners and sponsors

save the date

This listing features community-based events in the Lakeland and surrounding area. Note: events and programs are subject to change particularly in the event of COVID-19 restrictions. Email hello@besmartcommunications.com if you would like to place a date in the listing - community events are free! For profit listings \$8+gst.

Wed. Oct. 6th Paddockwood Book Club will resume meeting at the Paddockwood Library, mark your calendars for 1 p.m. Bring a list of all the exceptional books you have read throughout the summer, or just come in and see what everyone else is recommending. New members are always welcome.

Sat. Oct. 9th 9:30 a.m. at Rothenburg Family Park (in the shop). You are invited to attend the first general membership meeting of the Lakeland ATV Club. All members are welcome to attend and if you have not yet purchased your membership you can do so at the meeting.

We currently have a few people acting as the board of directors and we need to have an actual vote from the membership to make it official. All members are welcome to vote and let their name stand for a position on the board if they are interested. Any questions please email lakelandatvclub@gmail.com or phone our acting president Perry Kenke at 306-227-7220 or vice Lori Fehr at 306-961-7491

Tues. Oct. 12th The public docks at Emma and Christopher will be taken out. Murray Point and Anglin Lake's docks are in the provincial park and not removed by District Public Works.

Public Works will be keeping an eye on the weather and may leave a dock in at one or both lakes longer, but cannot guarantee a date after October 12th. Please ensure your boat is removed and stored before that date!

Wed. Oct. 20th Rural Volunteering: Getting Creative to Get People Engaged, 10:30am on Zoom. Finding volunteers in rural communities can be challenging at the best of times, and the pandemic has added a whole new set of challenges. However, when volunteering is done right, it can spark community engagement and many personal benefits for the volunteers themselves. Join this virtual session for an engaging discussion to gain creative ideas for getting people engaged in volunteering in rural communities. Visit the Lakeland District for Sport Culture and Recreation website for more details, www.lakelanddistrict.ca.

Thurs. Oct. 21st YWCA Prince Albert is partnering with the John M. Cuelenaere Public Library to bring you LUNAFEST. All are welcome to join us in person to view short films by and about women.

Tickets are by donation to YWCA Prince Albert, which provide programs and services to help the most vulnerable in our community.

The screening will be moved to an online format if public health guidelines change. Masks and proof of double vaccination or negative COVID-19 test will be required for entry. To stay updated, follow our event or sign up for email updates at ywcaprincealbert.ca/lunafest.

Sun. Oct. 31st Terror in the Park starting at 3 p.m. in Crothers Park, Christopher Lake. See poster in this issue for details.

Every Monday, Wednesday & Friday Pickleball is back at the Anderson Community Centre! 9 a.m. to 12 noon. \$5/person/session. Call Tom or Leah for more info at 306-229-9003.

June 14th to 16th, 2022 The 2020 Saskatchewan Senior Fitness Association (SSFA) 55+ Games were postponed last year due to COVID-19. A recent announcement was made that Prince Albert will host the games next summer! We have over a year to recover from this pandemic and hope to welcome 55+ athletes to Prince Albert in June, 2022.

Please leave your name call back telephone number when calling.

Refusing to leave your information prevents officers from responding to your call.



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CPL Recreation Fitness Class Schedule

Mondays - 6:30 pm
(Kickboxing/
Functional Strength
Class) in
Paddockwood
Beginning
September 27

More classes will be announced, stay tuned.
And join the
fb page CPL February
Fitness or web page
www.cplrecreation.ca

\$20 per month per class or \$5 drop in fee for each Monday

You Can Do Anything

outdoor rink update and acknowledgments

Submitted by Linda Rogozinski, CPL Recreation Director

For the many community members who believed in Christopher Lake Outdoor Rink Project, thank you for your support and effort throughout the years.

For all the people who bought tickets for trips, flipped burgers, fried fish, etc., thank you.

The Christopher Lake School Student Council, so many have come and gone, but the goal always remained in focus. Thank you for your support and patience to see this project to the end.

Thank you as well to:

- CPL Recreation Directors, Brandy Smart, Trudy MacDowell, Jade Dreaver, Diana Bird, Linda Rogozinski;
- Administrators, Audrey Veer, Jeannie Rip, Dave Dmytruk, Tammy Knuttila;
- Reeves/Mayors, Al Christensen, Cheryl Bauer Hyde, Denis Daughton, Chris McShannock; and - the Lakeland Fire Department for providing the flooding each year.

2011: Sask Rivers School Division requested that the dilapidated outdoor skating structure be removed as it was deemed beyond repair and deemed a safety hazard.

2012 – 2015: Several fundraising events were held - fish fry, cross country ski challenge; and donations were provided to re-build, with approximately \$18,000 raised. The Village of Christopher Lake Council supported revitalizing the outdoor rink project, however fundraising efforts showed such small returns that interest and volunteerism soon plummeted.

2018 - 2020: The Christopher Lake School Community Council (SCC) was looking for an "EASY" project to help enhance the community and initiated two Trip of the Month raffles. The first raffle realized about \$56,000, however the second raffle resulted in a small loss. Affinity Credit Union provided a grant of \$10,000, and the SCC contributed an additional \$5,200 from other fundraisers.

The CPL Recreation Committee asked CPL Director to assist the SCC to review progress of the Outdoor Rink Project and advise next steps. At a meeting in April 2019, CPL Recreation Director recommended that a business plan be developed. SCC members consisted of Dejan Letkeman (Principal), Amber Johnson, Carmen Dogniez, Shannon Schlamp, and Tara Quick. A "Draft Business Plan" was developed just as the second Trip of the Month raffle finished selling tickets. It was realized that without any visible signs of progress on the rink, the community was losing trust and belief in the project.

That being said, the SSC had raised approximately \$82,000 which was enough to purchase the rink boards, but not enough to pave the surface. Randy and Mike Hurd (Sask Rivers School District) estimated the dimensions for the play surface, and Dash Boards were purchased in September 2019.

Without sufficient funds to complete the rink, the waiting began watching the dream slip by with frustrated community members. The Christopher Lake SCC and CPL Recreation wondered; what can be done now?

Then the Government of Canada announced the Canadian Infrastructure Funding. The criteria for this funding is to support a project that would stimulate workforce in the community due the shutdown from COVID-19. Perfect timing, CPL Recreation approached the Village of Christopher Lake to partner or apply for this funding. This was likely our last hope to finish the project. Many months of waiting and wondering were ahead.

In October 2020, the Federal Government announced that the application from the Village of Christopher Lake had made it to the detailed call for proposal. In-depth budgets, First Nations and Metis Land Use agreements, and support letters were only a few of the many documents that needed to be revised.

With support from the Christopher Lake Council and Administrator, the second stage planning began. Land location, drawings, tweak, tweak, tweak. Tenders went out for the various work, and the Village was given the go ahead. While some components are a work in progress, the rink surface and boards are in place together with the lighting which was installed a few years ago. Community input will be sought to begin planning for activities such as skating, summertime basketball, etc.

We know that some names and events will be missed in this write up. In recounting the history of this project, complete information is hard to locate. But even if your contribution was missed in this narrative, you know you were important to this project and should feel proud when you look at what WE, our COMMUNITY has accomplished together.

Local projects cannot be successful if we don't have the support of community members. Thanks for all your support of the Christopher Lake Outdoor Rink Project!





fun with lakers

Enjoy the following fun features brought to you by Christopher Lake Public School students: Alexis, Kianna, Mason, Ryleigh, Charlie, Bladen, Gabe, Kelly, Kingston, Carter, Everett, Staiden, Cohen and Nola.



NEWS

This is your news from CLPS school. We had held an election for S.L.C in September. The results were,

President: Mason

Vice-President: Alexis

Secretary: Aidan

Treasurer: Hudson

We had also held our Orange Shirt Day assembly! Thank you for participating. Check out our Circle of Courage, it is right in front of the new walking path out front of the school. Smile! We are having picture day on the 7th of October. We also have a four-day weekend from the 8th to the 12th of October! What are you THANKFUL for? Last Friday the boys and girls 7-8 volleyball teams rallied at lunch time! The results were that the 7-8 boys had won by 10 points! Looking forward to the next match! Keep enjoying the nice weather, we sure are!

FUN

i d k m s y x h w t r n b p d
w y r w g e w r w w i f c u g
p b r m x k o i k k n x k m c
d s s x r r w t p l m f j p p
j d m m q u k m a t c q w k j
k e c m b t u t v t r s a i u
s y c r p p a j u t o e l n t
n g l c a a b c m n q p e p f
q g t i y c a t a f p x x i t
i p b o m u h a l l o w e e n
p f f o t a s b d p a g l g e
i s k u r y f u b p i c f e s
z x m g n i v i g s k n a h t
n n s s e n l u f k n a h t y
u r k u n r q d h u h h o m d

Autumn • Potatoes • Thanksgiving •
Thankfulness • Turkey • Family • Pumpkin •
Halloween • Tree • Pumpkin Pie

SPORTS

The volleyball girls and boys teams continue to practice before the season starts. Volleyball season is set to start in October. It will be awesome when it starts up.

Cross country teams are set and rearing for that banner because the school has had many children that have placed top ten every run so far.

The boys basketball team is looking pretty good this year as we've watched them play basketball outdoors for the past few weeks.

LAUGHS

:You want to hear a roof joke? The first ones on the house.

:Why don't koalas count as bears? They don't meet the koalafications.

:Why does Humpty Dumpty love autumn? He has a great fall.

:What did the nose say to the finger? QUIT PICKING ON ME!!!!

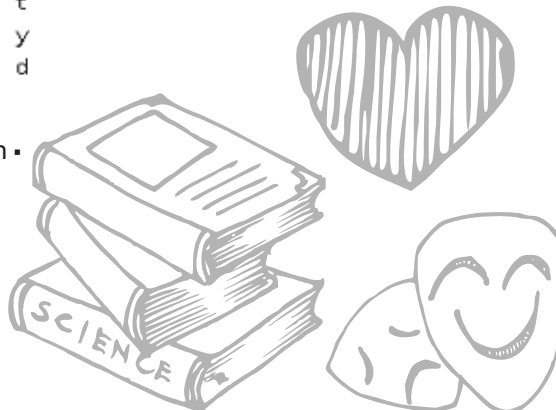
:Have you ever heard the joke about the skunk? Never mind it really stinks.

:It's always windy in a sports arena! All those fans!

:I couldn't figure out why the baseball kept getting bigger, then it hit me.

:Some people eat snails, they must not like fast food.

:A man walks into a library and orders a hamburger, the librarian says, "sir this is a library." The man leans over and whispers, "Can I get a hamburger, please?"



YUM!

Trailblazing oatmeal cookies chock-full of sweet, savory, crunchy, and chewy ingredients.

YIELD Makes about 40 (3-inch) cookies

INGREDIENTS

2 1/2 cups old-fashioned rolled oats, divided
1 1/2 cups all-purpose flour
1 teaspoon baking powder
3/4 teaspoon fine salt
1 cup (2 sticks) unsalted butter, at room temperature
3/4 cup packed light or dark brown sugar
3/4 cup granulated sugar
2 large eggs
2 teaspoons vanilla extract
1 (1.69-ounce) pack M&M chocolate candies (1/4 cup)
1/2 cup coarsely chopped crunchy pretzels (optional)
1/2 cup dried cranberries or raisins
1/2 cup roasted peanuts or chopped nuts
1/3 cup chocolate chips

INSTRUCTIONS

Arrange 2 racks to divide the oven into thirds and heat to 350°F. Line 2 sheets with parchment paper or silicone baking mats; set aside.

Place 1 cup of the oats in a food processor fitted with the blade, high-speed blender, or spice grinder. Process until the oats are finely ground. Transfer to a large bowl. Add the remaining 1 1/2 cups whole oats, all-purpose flour, baking powder, and salt and whisk to combine; set aside.

Place the butter, brown sugar, and granulated sugar in the bowl of a stand mixer fitted with the paddle attachment. (Alternatively, use an electric hand mixer and large bowl.) Beat on medium speed until light and fluffy, about 3 minutes.


Beat in the eggs one at a time and beat thoroughly after each addition, scraping down the sides of the bowl if needed. Beat in the vanilla. With the mixer on low speed, slowly add the flour mixture and beat until just incorporated.

Remove the bowl from the mixer. Add the M&Ms, pretzels if using, cranberries, peanuts, and chocolate chips and mix into the dough by hand with a rubber spatula until evenly distributed throughout. Scoop 1-ounce (2-tablespoon) mounds of dough onto the baking sheets, spacing them about 2 inches apart, 12 per sheet.

Bake for 9 minutes. Rotate the baking sheets between racks and from front to back halfway through. Bake until the cookies are light golden-brown on the bottoms and around the edges, 8 to 9 minutes more.

Place the baking sheets on wire racks and cool 3 minutes. Use a flat spatula to transfer the cookies to a wire rack to cool completely. Let the baking sheets cool completely and bake any remaining dough (you can reuse the parchment paper).





**ANDERSON
Community
Centre**

**LAKELAND
CURLING CLUB!**

Stay in shape folks....we're still hoping for ice in January!

Call our Rental Coordinator, Marj Deschambault, at 740-9434 to book your event or private function.

Questions?
Call Jaysan Marsh
306-960-6651



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Happy Thanksgiving everyone!
It's such a colourful season in Lakeland, get out there and enjoy the beauty of fall!

Remember the club is gearing up to clear trails & start staking, if you can give us some time message us and we will get you out there!

 @Lakeland Treedodgers
 llsledclub@gmail.com

community & gratitudes notices

One of the BEST times to plant is now till freeze up!!! **Gardens by Design Garden Centre** in the Village still has shrub and perennial stock.

Call Nicole at 306-980-5686 to browse and get a head start on next year's garden!

Spruce Home Seniors meets Wed. 1 p.m. at the Spruce Home Hall Hwy 2 North, north end, to play Kaiser. You don't have to be a "senior" to play, everyone is welcome. We play for fun and to socialize. For more information contact Moe Dogniez at 306-930-8113.

You are invited to Lakeland Bible Church, a non-denominational worship service at Anderson Community Centre in Christopher Lake. Every Sunday at 10 a.m. Contact Tim Vellacott 306-321-2733. **Everyone welcome.**

CPL Recreation will be conducting a Community Survey to provide input for planning purposes for the next 5 years. The survey will be available in the next few weeks.

St. Christopher's Anglican Church is open to full capacity. Stop by Sundays at 10 a.m. for worship and join us afterward for coffee and fellowship. Everyone is welcome!

The RM of Paddockwood will be working on the Grid Road 791 East of the Village of Paddockwood and West of Range Rd 2250 starting on Mon. Oct. 4. The road will be closed between 9 a.m. and 3 p.m. detours can be expected.

Looking for volunteers to help with bingo's. This is a great way to help your local **Anderson Community Centre!**

Nov. 21st 12 - 4 p.m.
Dec. 26th 12 - 4 p.m.
Jan. 20th 6 - 10 a.m.

Must be fully vaccinated. Contact Tasha at (306) 961-1846

St. Mary Parish Roman Catholic Church
Mass Times with Father Michael Fahlman
Sat. 4 p.m.; Sun. 11 a.m.; Thurs 3 p.m.
No Restrictions. Masks are optional. Call 306-982-2538 st.mary.cl@gmail.com

Lakeland Community Chorus practices on Tuesdays starting at 7 p.m. at St. Mary's Catholic Church, Christopher Lake. Hope to see anyone interested in singing come out this fall!

Every Monday, Wednesday & Friday
Pickleball is back at the Anderson Community Centre! 9 a.m. to 12 noon. \$5/person/session. Call Tom or Leah for more info at 306-229-9003.

thank you!
For continuing to support Lakeland local. The winner of the Lakeland Cabin Stuffer Seek and Find Contest is - Shirlee Soulier. \$200 towards the advertiser of your choice! Congratulations!

Spruce Buds Cannabis is now open! Located next to Ambrose Grocery!

Sat. and Sun.
10 a.m. - 8 p.m.
Mon. 10 a.m. - 6 p.m.

thank you!
The Harvest Raffle draw, sponsored by the Lakeland and District Recreational Association (Anderson Community Centre) was held in the Broda Lounge on September 18. The winners were:

First prize: 1/2 a beef, cut and wrapped
Justin Fendeleit of Christopher Lake
Second prize: 1/2 a pork, cut and wrapped
Theresa Stene of Waskesiu
Third prize: 1 turkey
Tasha McKnight

All funds raised through this raffle will be used to support the Anderson Community Centre.

thank you!
Emma Lake Golf Course
As the Season is over, we'd like to thank all of the Golfers, new and old, Putters Lounge customers, Chase the Ace Lakeland Lions and customers, as well as our Maintenance, Pro Shop and Lounge Staff for a great season!!! Chase the Ace will continue every Sat eve from 4:30 pm to 8 pm in Putters Lounge until October 30th. Thanks again and we will see you in 2022!!

thank you!
To everyone who supported the **Terry Fox Run** at McPhail Cove! We raised \$1000.00 this year, plus \$535.00 from a former resident. I look forward to seeing all of you next year and hope we will be able to have an actual Run. Zenia Kalyn, Event Organizer

thank you! **Lakeland Excavating Services Kevin & Chrissy Hoodle** wish you a wonderful & happy Thanksgiving!

We are so Thankful for ...

- The beauty of nature
- Pretty sunrises & sunsets
- The moon, stars & rainbows
- The change in seasons
- Loving family & friendships
- Children & seniors
- Loving family pets
- Smiles, hugs & kindness
- A safe community to live in
- Our schools, teachers & staff
- Health care & service providers
- Our business & dedicated employees
- Our valued customers & suppliers
- A warm place to call home
- Meals made with love
- Fresh drinking water
- Beautiful art & music
- Holiday celebrations
- New opportunities & experiences
- Our local Vacationland News

opportunities & classifieds

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(a branch of Wapiti Regional Library)

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The Substitute Librarian provides coverage when the Branch Librarian is on vacation, sick leave or absent for any reason. The individual must be able to work independently, exercise initiative and independent judgment based on a thorough understanding of library policies and procedures, be precise in execution of duties, work effectively with the public, and provide an acceptable current Criminal Record Check and Vulnerable Sector Check.

The ideal candidate will have completed Grade Twelve, have previous library and/or office experience, and requires computer literacy including familiarity with Windows operating system, Microsoft Word and Excel.

Direct questions / inquiries or submit resumes to Cheryl; 306.961.2967; cbauerhyde@gmail.com.

Applications will be accepted until October 31, 2021, or the position is filled.

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Vacationland News is seeking local content contributors for the Fall/ Winter issues. Vacationland News is a submission and community based publication. Do you live in or have a connection to the Lakeland and surrounding area? Have an interest, hobby, skill, talent or passion you'd be interested in sharing? Give us a shout to discussion potential publication opportunities! hello@besmartcommunications 306-981-4661.

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healthy duck soup

Diana Bird is an Indigenous Food Sovereignist. She has her Psychology degree, her Indigenous Social Work Degree and is going for her Masters Degree. She works at the First Nations University and is the proud momma to Gabrielle.



- 1 wild duck (or domestic)
- 3 cups of cooked wild rice
- 1 diced onion
- 1 cup sliced brown or white button mushrooms
- 2 diced carrots
- 2 sliced celery
- 2 minced garlic cloves
- 1 cup of dried white beans (soak overnight or used canned)
- 2 cups of soup mix (barley, yellow split peas, red lentils, black eyed peas).

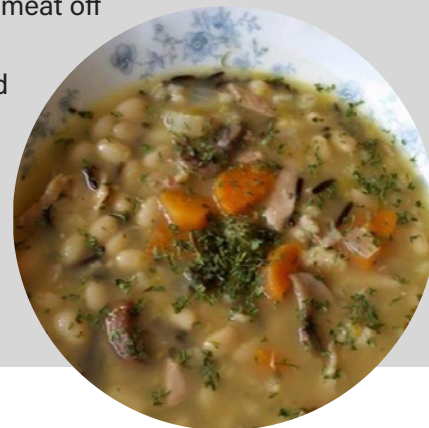
Saute the veggies for 10 minutes, add the duck and fill the pot with water and the soup mix. Bring to a boil for 10 minutes and simmer for as long as it takes for the beans to cook. 1- 1 1/2 hours.

Take the cooked duck out and take the meat off the bones. Add back to the pot.

Add the cooked wild rice at the end and serve. The cooked red lentils make the broth rich and creamy instead of using white flour.

Enjoy.

"This recipe is in my cookbook and is also being served to Elders in the hospitals."



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